

## **Blessing for the Caregivers**

Kate Bowler & Jessica Richie

Good Enough 40ish Devotionals For A Life of Imperfection

Blessed are you, care-ers, bone-tired from doing for others what you would love someone to do for you. Blessed are you, pouring yourself out day after day.

You are seen—in your struggles and kindnesses and missteps. In your faithfulness and love. What you have poured out has gone deep to the foundation that will last forever. You've created a bedrock of love.

Yet, dear one, blessed are you when you see that it is time now to take some rest. Time to be renewed and strengthen. Awakened to see and welcome with anticipation what's next. Blessed are you who recognize that not everything has to be done right now, and that not everything has to be done by you. Close your eyes and see them all, the army of those who have cared for you in the past, who have fought for you, who have loved you well. And drink it in, creating a pool of gratitude that swells inside. For blessed are you, having received, and having loved, who can walk around with a thankful heart. Amen.